

Southern Cross

A Publication of The Southern Division of The National Ski Patrol

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Southern Cross is published three times a year—Fall, Mid-winter and Spring. Articles and photos are encouraged and appreciated. With photos, please include caption information. If at all possible, please include a photo of the author with articles. Submission deadline for the Spring issue is May 21, 2013.

Send submissions to:

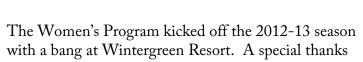
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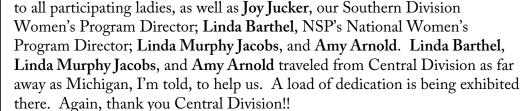
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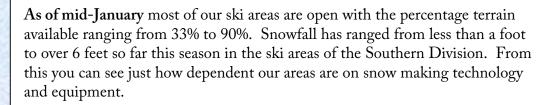
Richard Boyer,

Division Director

Winter 2013 has come and gone and come again. And hopefully this time it stays for its normal, expected, and wonderful duration.







We are delivering a full array of programs to all in the Southern Division. Look over the website at www.southernnsp.org to find when and where they are being offered. And speaking of our website... a huge thank you to Trish Deane (and Brandon for giving up his part of her time) for doing such a reliable and impressive job with our website. I get good reviews and comments from all over the U.S. about its clear impact, ease of navigation and usefulness.

We have a collection of dedicated leaders in our division. This includes our Assistant Division Directors, Region Directors, Program Directors, their Assistants and both the Paid Directors, and Patrol Representatives. What follows is a listing of the Patrol Representatives who accomplish a yeoman's load of the workload for our organization. I thank all of our Southern Division



Leaders and want to list the PR's to give them a spot on our publication depicting my earnest gratitude for what they accomplish each year. In the future I will also thank the well deserving Paid Directors for their services.

North Carolina

Appalachian Patrol– Joe Donadio Ski Beech Patrol – Bob Mahoney Sugar Mountain Patrol – Flynn Harris Cataloochee Patrol – Chris Polhemus Sapphire Patrol – Dean Melton Wolf Ridge Patrol – John Wodecki

Virginia

Bryce Patrol – S. Carter Lewis Homestead Patrol – William Parks Massanutten Patrol – Ron Dull Wintergreen Patrol – Judi Kay-Monaghan

Alabama

Cloudmont Patrol - Bob Palik

Tennessee

Ober Gatlinburg Patrol – Bob Lewis Smoky Mountain Nordic Patrol – Don Jones

West Virginia

Blackwater Nordic Patrol – Brad Moore Snowshoe Patrol – Charlotte Bradley The New Winterplace Patrol – Rod Bickett Timberline Patrol – Bill Cox

Additionally, as many of you know we have had some changes to our Division Staff and I'd like to make certain you know who these are and thank them for all their time and efforts in our collective behalf. Byrd White has agreed to be tapped as the 1st Assistant Division Director, Randy Trow steps up into the vacancy Byrd creates as Assistant Division Director, North, Tom Byron steps up to Virginia Region Director, a while ago Tom Wagner steps up into the vacancy Byrd creates as West Virginia Region Director, Isaac Colvard has stepped into Tom's shoes as West Virginia Assistant Region Director. Other changes that have been in place for a while have been Randi Lowery has stepped up to Assistant Dixie Region Director and Brent Rockett is Blue Ridge Region Director, and Tommy Taylor is Assistant Blue Region Director. Additionally, Russell Blakely, MD is our Medical Program Supervisor, Bill Smith handles our Elections, Lee Wittmann is responsible for our Alumni Programs, and Scott Campbell is head of our Avalanche Programs.

I would be remiss if I didn't recognize this is our Southern Division 40th Anniversary. Happy anniversary Southern Division, National Ski Patrol!

75th NSP Anniversary Gala

Richard Boyer – Southern Division Director (reporting)

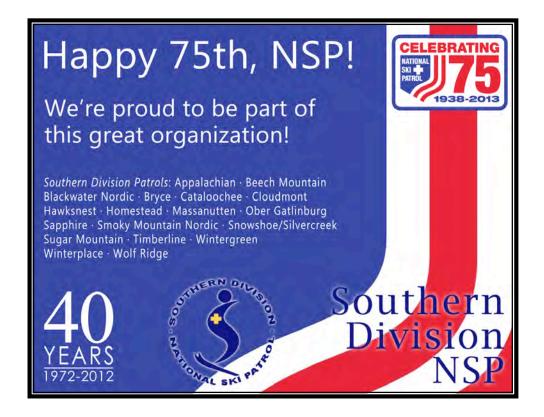
Just under 400 patrollers from as far away as Germany and Switzerland met in Denver, Colorado for the NSP's 75th anniversary. We had a group too numerous to list here representing our Southern Division. The keynote speaker was former astronaut & patroller at Ski Cooper, Jim Reilly. His talk and slideshow centered around his life, training and experiences in space tied into his life as a ski patroller. The first five people were inducted into the NSP Hall of Fame including Minnie Dole-our founder as the first inductee. His son, Mint Dole, was in attendance and skied with us at Cooper. Ted Forbes, a Wintergreen patroller whom all of you may know, and his team who were responsible for this NSP celebration did a stellar job.

Ken Wheeler and Kirk Workman (a candidate at Cataloochee) placed high in the fun toboggan competition at Ski Cooper, where the skiing was as good as it gets!! – 3 to 4 inches of powder on top of several previous days of similar snowfall. It was the closest to flying you as can ever get.

Our NSP exhibit was breathtaking and informative. Located just across from the escalators leading to the main SIA exhibit floor, we got a lot of good exposure to snow riders visiting the SIA show. To sum it up, we all were very honored to experience this celebration commemorating the 75th birthday of our organization at the very ski hill where it all began for the 10th Mountain Division. Here's to the next 75 years!!

Candace Horgan – NSP Communications Director has uploaded approximately 300 photos of the event in Denver, CO. As all photos are copyrighted – the Flickr link to the photo is:

http://www.flickr.com/photos/nspphotos/collections/72157632707979305/

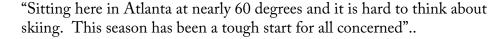


Brent Bowman

2nd Assistant Division Director

January 2013

Here is what I wrote last year:





This year the difference is January 6 it was 70 degrees at my house!! Winter has finally returned and most of the areas in the division (all north of Alabama) are open. Dixie Senior candidates are prepping for the S&T and OEC test(s) in February. Dixie also has a couple of Senior Telemark candidates! The rest of the division is also working hard on training and testing. Many of the Ski and Toboggan testers will be gathering in a couple of weeks at Timberline to work on their skiing and teaching skills with instructors coming in (to teach them) from Utah, Colorado and New York.

Looking forward to seeing you soon on the hill. Get out there and slide.

Brent

From the Assistants...

Byrd White,

Assistant Division Director - North

Changes Made, Changes Needed

This year has seen a number of changes in your Division. **Ted Forbes**, our 1st Assistant Division Director put his personal life and his professional career ahead of our Division's needs and took a much better job, in Chicago. Ted's resignation obviously left a void and while I was racking my tiny little brain trying to come up with someone as qualified as Ted, others decided that I should take the position on an interim basis until elections are held. While I know not nearly enough to measure up to those who held this position, both current and past, or for that matter, Ted's knowledge, I shall do my best to get up to speed as quickly as possible. Ted was a very valuable member of our Division; we will certainly miss his insights.

My interim appointment left an opening as Assistant Division Director North that Randy Trow graciously accepted. Randy is knowledgeable and very smart, he will do a great job. To show how smart he is, he talked Tom Byron into taking the Virginia Region Director job. In past Board meeting Tom has shown himself to be a good thinker with a cool head. He will do a great job. Having Randy in the North and my good friend Mike Harris in the South will certainly make things a lot easier for me. Mike has two very capable Region Directors in Brent Rockett and Brandon Olsen.

There have been other personnel changes both North and South that I shall leave to the respective Region Directors to discuss.

On the *need side* it seems that we are always looking for someone to fill one position or another. We need YOU. We need you to start the Senior Program, we need you to become an instructor, we need you to volunteer to be a program administrator, we need you to be a patrol representative. While we have many very capable people in all the positions in our Division, every year we have some who step down for one reason or another. Last year Jan Starr stepped down after many years of dedicated service to the Division and this year, Ted Forbes. This is a natural evolution but we need people coming in every year, we need you. Service to the Division and to NSP takes some time, but every minute is worth it. The folks who serve this Division are some of the smartest, nicest, most inclusive people that I have been around.

Join us!

Mike Harris,

Assistant Division Director - South

Due to shoulder problems I was only able to attend three refreshers and two clinics this year. They went extremely well as usual. I had rotator cuff and bicep tendon surgery on November 19th. Nine weeks of rehab and I am hopeful to be back soon. Blue Ridge and Dixie regions both have excellent Region Directors and Assistants. They stand ready to be of assistance to your PR's and PD's for your patrols. I won't duplicate the details they will have in their articles. Looking forward to seeing as many of you as possible later on this season.



Mike Harris (AKA) Tyrone

Southern Division Webmaster

Trish Deane, Webmaster/Board Secretary

Southern Division Web Site http://www.southernnsp.org

The Southern Division web site is a great place to stay in touch with what is going on around the Division. We advertise ski school events, mountaineering and avalanche clinics, nordic events, etc. In addition, we try to include information from NSP that is of particular interest to Southern Division patrollers.



If you'd like to advertise your patrol recruiting days or ski with a patroller events, please send dates/information to me at yougagirl@comcast.net. Video is another great recruiting tool. We're looking to link to videos about your patrol, so if you have such a video on youtube or elsewhere, please send a link. Also, please let me know if your patrol web site URL has changed or if you have recently added a new web site.

Calendar Additions/Changes

For events that are registered with National Ski Patrol, please submit any new calendar items to your Regional Director so that they may be included on the Southern Division calendar. If you have an event that is open to patrollers outside of your mountain, such as a ski swap, mountain bike race, a social event, etc., that is not an NSP-registered course, you can send that directly to me for inclusion on the calendar. It would be best to copy your Region Director on that email, as well.

In Memory of the Fallen

So that we will always remember, patroller obituaries are now being included on the web site. If you are sending

information, please include a picture along with the photographer's permission to use the picture. In addition, information and a picture should be sent to NSP for inclusion in <u>Ski Patrol Magazine</u>.

Staff Updates

One of the most important tools on the web site is the staff listing. It's only useful, however, if the information is up to date. Please send staffing changes for your patrol leadership to your Regional Director so that they can alert the right people and get the staff listing up to date. It's also very important for individual patrollers to keep contact information up-to-date on the NSP web site. You can do that by going to http://www.nsp.org. Click on "logon" in the upper right corner. Then click on Member Resources. That should bring up your current information. You should also click on Education Info/Your Education Information in the left navigation and make sure that is correct.

Trish Deane yogagirl@comcast.net

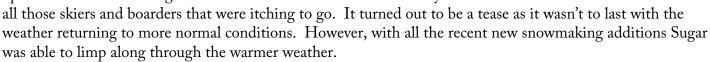
Blue Ridge Region

Brent Rockett,

Blue Ridge Region Director

Blue Ridge Region Message

Winter got off to a roaring start with a record opening as Sugar Mt was able to open in October for skiing on Halloween. Not a trick and definitely a treat for



Old Man Winter finally returned on the first day of winter, just in time for great conditions during the holidays at all the mountains.

We have already had one Basic Evaluation and had six Senior candidates attending the Senior OEC training session. We wish all the candidates much success with all their evaluations this year. In addition Appalachian Ski Patrol is excited to be hosting a Wounded Warrior Day on March 9. This should be a very rewarding experience. If any other patrollers would like to be involved, please contact Joe Donadio.

If everything goes as planned, I am looking forward to attending NSP's 75th Anniversary Celebration in Denver. Also, the Southern Division celebrates its 40th anniversary. If you have any old or new articles and stories regarding the Southern Division, please submit them to Division staff. They plan to continue the celebration at the annual Southern Division conference this summer.

Make your turns and provide the very best care.

Brent



From the Supervisors and Advisors...

Leadership Development ... Leadership Development ... Leadership Development

Mary Underwood,

Leadership Development Supervisor

Are There Other Basic Skills?

Ask any NSP patroller—what are the skills you must be proficient in to be a ski patroller? We would all say—OEC, skiing and toboggan. These are our essentials, but there are other skills which aid us in being more effective and efficient.

When you work with new patrollers, do you use effective coaching and mentoring techniques? Good communication skills are vital—a life may depend on it. Who is my audience? Purpose? Content? If there is a problem, how do I prepare for a conference with involved parties?

All these concepts are addressed in "Basic Leadership for the Ski Patroller" our Southern Division leadership skills course. **Joy Jucker**, longtime patroller, past Dixie Region Supervisor and now supervisor for our Women's Program, took this course last fall and commented that every patroller could benefit from this course.

This course is a senior elective and a 1-day classroom course. Please contact Mary Underwood, Leadership Development Supervisor, if interested in taking this course.

Mary Underwood 865-483-3675 maryu@bellsouth.net

Outdoor Emergency Care ... Outdoor Emergency Care ... Outdoor Emergency Care

Bob Brewster.

OEC Supervisor

Happy New Year to all! One of my resolutions this year is to finally get down to a little patrolling after our very successful refresher season. As of this writing we're having some weather setbacks, but no doubt this will turn around. Let's toast to a cold and snowy February and March.

Our National Medical advisor, **David Johe** has spoken recently about the need for patrols to find a medical advisor. Medical Advisors provide Q & A,

phemy you say the OFC division

as well as oversee protocols and variations outside the OEC 5th edition. Blasphemy you say, the OEC division supervisor promoting medical skills, techniques and medications outside of the 5th? Well yes and no. As OEC

technicians all of us must follow the standards we have learned and practiced within the covers of the 5th manual. But as many of us have experienced, we use equipment not found in the 5th, or a splinting technique we have learned outside of NSP in the medical community or provide medications to patients (more on this later). If your patrol has used any medical intervention not found within the 5th Edition, you should think seriously about enlisting the support of a Medical Advisor.

Why a Medical Advisor? Because without one you are setting yourself, your patrol and your mountain management up for major medical liability. Does your patrol have protocols written for anything you do outside the realm of the 5th edition? If not, how are you going to justify the use of such? At my home mountain, Cataloochee, we have brought on a Physician who now Q&A's incident reports, interfaces with our local ER's (great for patient follow up), advises us after accessing peer reviews and personally contacting fellow doctors on our medical equipment and techniques, and oversees protocols, including our newest, providing Aspirin for patients experiencing non-traumatic chest pain.

Medications have been provided by patrols with paramedics for years, nitrous oxide, narcotic pain relievers, IV's etc., all overseen by a medical director. For our patrol the dispensation of aspirin is momentous. It represents the first medication we have been able to deliver since Oxygen. Aspirin has been used for years by people as a prophylactic to promote better heart health. Recent studies have shown that it has great benefits for patients experiencing angina or an MI (myocardial infarction or heart attack). When a patient is experiencing chest pain, aspirin reduces the chance of a MI by as much as 25%. Aspirin has also been shown to reduce deaths from MI by 20%. To our patrol the introduction of aspirin has been a no-brainer, if an innocuous over the counter medication such as aspirin can have such benefits what's the big deal, every patroller should carry it, right? Well..... no: we've decided to place it in our trauma bags and on our AED's (with a laminated protocol card outlining steps and contraindications), a single dose is placed in a watertight, shock proof container in order to prevent the degradation of the aspirin. Every member of the patrol is required to go through a protocol clinic that explains when to use ASA, the contraindications and how to dispense it to the patient. We hope never to have to use it, but it's in our arsenal of treatments to provide better service to our guests at Cataloochee.

Recruitment and retention is my other resolution for 2013. How do we recruit our next generation of instructors, IT's, regional advisors, and even my replacement? What can we do to inspire and encourage our newer patrollers to give back to candidates what our instructors have given to them? Retention, because we have an aging patrol, because life intrudes on all of us and as we progress more and more to offsite, on-line learning, OEC and refresher programs, it will be leaving less time for our instructors to practice their skills.

How do we keep our instructors interested and sharp? A work in progress, all suggestions welcome.

Have a great season and pray for snow!

Senior Program ... Senior Program ... Senior Program ... Senior Program ...

Hugh Jernigan, Division Senior Supervisor

Senior Program News and Updates

Participating as a candidate in the Senior Program is a great way to improve your patrolling skills. By upgrading your OEC scene management skills and increasing your skiing/boarding/toboggan handling techniques through the Senior Program, you can become more of an asset to your patrol, and build your confidence to handle any difficult situation.

Last year, Paul Gagon, a longtime patroller and OEC Instructor for Wintergreen Ski Patrol completed the Senior Program--- and he is registered this year for the first time as "Senior Alpine Patroller". Paul was purposeful and determined in his quest to become a "Senior", so we thought we would ask him what he got out of the program and what it meant to him. Below is Paul's response:

"What has the Senior Program meant to me? The incredible opportunity to receive more advanced training in scene management, dealing with unusual/tricky OEC scenarios, as well as great training in skiing (snowboard) & toboggan. When I entered the Program, I thought I was pretty good at OEC scene management, skiing, and sled handling. What I found were a great group of highly skilled instructors willing to share and practice with me in all things until I not only had mastered them at a Senior level but had the confidence in myself that I really knew it and could do it.

Anyone, with a lot of effort and hard work, will not only enjoy the journey, the higher skills you will be able to offer your mountain make you a more valuable patroller.

For those who feel your skills are not up to it, Senior clinics held each season on OEC and ski & sled will afford you the opportunity for training at a higher level; and pass or not (you don't have to pass everything at the same time) you will ski better than you ever have and you manage all of your accidents better. What could be better than that? In short, my skiing much better, working an accident much better, managing scenes much better...in short I am a much better patroller for having participated in the Senior Program. I urge any patroller who wishes to get stronger in their skills to participate and take the journey to become a Senior Patroller."

——Paul Gagon

The early 2012-2013 season OEC and S&T clinics (thru mid-January) have provided exceptional learning opportunities for Senior Candidates.

The Blue Ridge Region Senior OEC clinic was held at Appalachian Ski Mountain on January 5th. **JoAnn Ehlinger**, Blue Ridge Region Senior Program Administrator, with the assistance her dedicated Senior OEC evaluators, conducted an excellent clinic for six Blue Ridge Region candidates. Many thanks to the Appalachian Ski Patrol for their hospitality and assistance with setting up the scenario locations along with the equipment.

Trace Higgins, Virginia Region Transportation Administrator and Chief Senior S&T Evaluator, conducted the Virginia Region Senior S&T clinic at Massanutten on January 6rd. Randy Trow, the Southern Division Assistant Division Director-North and a highly qualified PSIA-AASI credentialed patroller, was of great

benefit to the clinic by his evaluation of techniques and helpful input for improvement. The benefit of utilizing PSIA-AASI affiliated patrollers during Senior clinics was evident by the fact that everyone in attendance left with useful information and with a feeling of an enhanced technique. Thanks again to everyone in the Virginia Region for ideas on enhancing aspects of the Senior Program!

Bill Clarke, Dixie Region Senior Program Administrator and Chief Senior S&T Evaluator, conducted the Dixie Region Senior S&T clinic at Cataloochee on January 13th. Bill ran the clinic similar to a "mock" evaluation, with specific input to each of the six highly motivated Senior Candidates throughout the process. The clinic provided the Senior Candidates with an excellent foundation for improvement and knowledge of what will be expected of them during the Evaluation. Many thanks to Pete Jucker, Ober Gatlinburg patroller and another highly qualified PSIA-AASI member, for his valuable insights and assistance to the candidates. And thanks to Cataloochee Ski patrol for their hospitality and willingness to host the event at the last moment (weather related issues).

We are continuing to implement changes in the Senior OEC Evaluation process from the National NSP office. Fortunately, for the Senior Candidates, they will not notice much change. The changes mainly affect Senior OEC Evaluators as a change in mechanics of the evaluations. **Bob Brewster**, Southern Division OEC Supervisor, is in charge of, and doing a terrific job in gently implementing the changes in Senior OEC.

The Senior Program remains open to Patroller (formerly known as Auxiliary Patroller), Alpine Patroller (formerly called Basic Patroller) and Nordic Patroller NSP classifications.

We still have plans on post information concerning the Senior Program on the Southern Division Website sometime in the future.

See photos on page 31-34

Transportation ... Transportation ... Transportation ... Transportation ...

Tony Tingle,

Division Transportation Supervisor

Transportation Winter 2013

It feels like winter this week in Tennessee. Last week, not so much. I was happy to see the hill covered with snow this past Saturday. Patrollers going



about their day. Lots of training going on: Half a dozen Basic candidates on the course or attached to toboggans, four Senior candidates grinding away at OEC problems, and one Certified candidate rooting for information. Among these folks, there were the last few getting their toboggan refresher out of the way. My first run this season was done with a toboggan in tow, as I started my season with my toboggan refresher. That was back in December, and it felt good and awkward all at same time. For me, having someone watch me run the sled and provide feedback is a very valuable thing. Was I perfect out of the gate? Nope. I demonstrated the skills sufficient to pass the refresher, but I did finish the event with things to work on. I will always have

things to work on with my skiing and toboggan work, and that is fine with me. That's what keeps our work challenging. A toboggan refresher is a quality control check to ensure the safety of your patients this season. Get 'er done!

What is new for the Transportation Program? We have a new National Transportation Director. His name is **Jay Zedak**. He is a really well qualified fellow. Jay is a Certified Patroller who qualified on 3 disciplines - Alpine, Snowboard, and Telemark and maintains PSIA Alpine Level 3, AASI Snowboard Level 2, and PSIA Telemark Level 3 certifications. He is excited about the transportation program, and I get the feeling that Jay will push me to help you. All that said, here are a couple of things from our first conference call to pass along.

First, this question came up: For those Transportation instructors who register and run courses, have folks sign the NSP Southern Division waiver, run the course and close the course, how long do you need to hold onto that waiver? The suggestion is......7 years, then toss them. The suggestion was made for a repository somewhere where we can send the forms to, so they are not gathering dust in a box in our respective basements.....I'll keep you posted on how that turns out.

Second, Cascade Togoggan has made a generous offer. How many folks have used the Cascade Toboggan Chain Brake Release? Jay has been talking with Dana Jordan of Cascade toboggan and Cascade has made the offer of buy 3 get 1 free. The link, showing the device, is as follows: http://www.cascade-rescue.com/products/CT-Chain-Brake-Release.html

If you are unfamiliar with the Cascade Toboggan Chain Brake Release, here's a description excerpted from the e-mail **Dana Jordan** of Cascade, sent to Jay.

The Cascade Chain Brake Release System (CBR). Cascade originally started selling this product around 40 years ago. The product is designed to allow a Patroller to easily and safely deploy the chain brake without having to turn around in the handles or stop forward motion. Basically, when in the locked position, the upper ring of the CBR is locked over the half-ring on the top of the handles keeping the brake from being deployed. After a patient is loaded into the toboggan, the Patroller can simply unlock the brake from the handle, but still hold the locking ring under their glove against the handle. This in effect keeps the brake from being deployed. When the Patroller needs the brake, they need only to lift their hand slightly and release the locking ring. The Locking Ring then slides down the handle, stopping at the Cross-Bar and deploys the Chain Brake.

This accomplishes two very important things. First, the brake is ready to actuate immediately without the need of the patroller turning around in the handles or remove a hand to reach to the cross-bar. Second and perhaps more importantly, if the Patroller should fall and lose the toboggan, the brake will automatically deploy and could very well be the difference between a run-away toboggan and once that self-arrests. In these days of short staffing at some resorts, many times there is not resource available to have a tail roper. The CBR can make a serious difference.

Another very nice feature of the CBR is that it is "spring" loaded. As a Patroller is traveling downhill, and they need to retract the brake, they need not stop. The Patroller just slides their hand down the handle to the Cross-Bar and slides the locking ring back to the top of the handle. The brake will still be actuated, but the shock cord on the CBR will be highly tensioned. All the Patroller needs to do then to retract the brake is to lift slightly on the handles and the Chain Brake will "pop" out from under the toboggan and will once again be in the locked position.

A small disclaimer here. As always, when uploading a toboggan on a chairlift, it is imperative that the Chain Brake be secured first the Hold-Up strap on the handle Cross-Bar as well as the CBR if so equipped.

Lastly, from now thru the end of March of 2013, we will offer any Patrol a special promotion of Buy 3, Get 1 FREE. While not all patrols prefer the CBR, we believe it is a great idea to improve the safety of Patrolling and makes the everyday Patrollers life easier.

Hope you have a great season and hope I see you on the snow. As always, I'm here to help you. Shout with questions or concerns.

Tony

Snowsports ... Snowsports ... Snowsports ... Snowsports ... Snowsports ... Snowsports

Briggs Allen, Snowsports Supervisor

What a roller coaster of a winter thus far!!! During the last week in Bristol Virginia we have had 73° temperatures, 5 inches of rain and 6 inches of snow. I'm just waiting for the locus to arrive.

The Snowsports School got off to a rough start by having to cancel, due to lack of snow, the "Train the Trainer Clinic" at Cataloochee in early December. We regretted having to do this however delivering a clinic that exceeds expectations as well as participant safety dictated we cancel the event.



Next, we sponsored the Women's Clinic at Wintergreen Resort on January 12-13. This was the clinic that had to be postponed last year due to poor weather conditions. This year, the clinic was attended by 18 female patrollers representing all of the regions with the exception of Blue Ridge. The program was taught by Linda Barthel, chairperson of the NSP Women's Program along with two other instructors from the Central Division. Clinic evaluations were extremely positive regarding the program. Wintergreen is always a willing and gracious host for Snowsports School events however this year they went "all out" by providing a dinner for all the clinic participants and instructors. A special thanks goes to Joy Jucker, Southern Division Women's Program Supervisor, for all of her promotion of the clinic as well as doing the "on scene" coordination of the clinic (it was a women's clinic and I felt that perhaps a female rather than a male should do this). Additional thanks go to Wintergreen's Patrol Director Tucker Crolius and Judi Monaghan Patrol Representative for all of their work. And finally, thanks to Linda and her group for instructing in this great program.

Our biennial **Demo Team Clinic is being held February 1-3 at Timberline Resort**. We have had good response from skiers however there is still plenty of openings in the boarder portion of the clinic. So if you are a snowboarder and would like an opportunity to improve your skills with one of the best rider/instructors in the country send me an e-mail and we will get you registered.

Also don't forget our Snowboarder Improvement Clinic to be held at Massanutten Resort February 9-10. Again this is a great way to improve your riding skills as well as acquire credits for the senior program.

In other events, I recently attended the PSIA-E Snowsports School Management Seminar at Timberline January 16-17. This is an annually required program so that our Snowsports School will be accredited. Bill Beerman, PSIA-E's representative on the PSIA National Board, led the clinic which included both classroom and on the snow activities. Some of the topics covered were: new changes in the PSIA/AASI Level I-III exams, the required CS I and CS II children modules, and clarification that PSI A-E education requirements state that your continuing education credits (CEU) every two years can come from any PSIA Division clinic while approved non-PSIA clinics may be eligible for CEU credits but only every other two-year cycle. On the snow we worked on BERP drills that can be used with any student. I was also informed by the ski school directors that were present that they would welcome any patrollers who are seeking PSIA/AASI certification to clinic with them. Most snowsports schools have regular training sessions for their instructors who wish to advance and would welcome our participation. If you are seeking PSIA/AASI certification (which I highly encourage) let me know as our Snowsports School can provide you valuable information in this effort. Also Bill mentioned that PSIA/AASI members who are teaching or preparing for an examination should sign on to the national web site and follow the link to the Rocky Mountain Division. From there go to Alpine or Snowboard and videos or reference materials. I have reviewed both reference the trills and videos and found them to be excellent. Be sure to check them out.

Continuing on this same track, in talking with an unnamed ski school director, he was glad to see NSP have a program (our Snowsports School) that can improve our patrollers skiing/boarding abilities. He was not being derogatory in any manner and plainly stated this, however he indicated that he along with his staff had noted that often patrollers are not skiing and boarding nor using their ski/board in the most efficient way. He went on to state the obvious, that Patrollers are seen on the mountain with a red jacket and white cross and the general public believes that are absolutely "the best" skier/boarder's on the mountain. While we may be "solid" there are certainly many "technical" areas in our technique in which are lacking. He went on to state that by skiing more efficiently we will be able to ski longer with less chance for injury. I couldn't agree more and this is one of the reasons the Snowsports School exists. And you do have options, take a Snowsports School sponsored clinic (they are open to all patrollers and candidates), if your Patrol's Snowsports school instructor conducts a local clinic take it or just ask him to ski/ride with you and don't forget ski schools will often allow you to clinic with them.

So there you have it. There is a lot going on in the Southern Division NSP Snowsports School. And remember snowsports are easy just turn right, turn left and repeat.

Election Coordinator ... Election Coordinator ... Election Coordinator ...

Bill Smith,

Election Coordinator

Election for the position of Southern Division Director

Richard Boyer is the sole member running for the Office of Division Director, Southern Division and National Ski Patrol. Mr. Boyer meets all requirements and has been approved by the NSP National Chair to fill the position. Ballots, resumes and platforms will be e-mailed to all Patrol Representatives of record by February 1, 2013. The deadline for the receipt of ballots is February 21, 2013. Ballots may be returned via USPO or e-mailed. The results of the election will be announced on March 1, 2013.



Any concerns or procedural questions should be directed to the Election Coordinator.

Bill Smith, Election Coordinator 6 Long Bridge Road Hampton, VA 23669 (757) 810-1690 skibill13@cox.net

Division Director Nomination Letter – page 15 Richard Boyer- Bio – page 16

RICHARD BOYER 4559 Collins Avenue Acworth, Georgia 30101

November 27, 2012

Mr. William C. Smith, Election Coordinator Southern Division, National Ski Patrol 6 Long Bridge Road Hampton VA 23669

RE: Division Director Nomination for the Southern Division's 2013 Election

Dear Bill.

I would like to offer my name in nomination for re-election to the office of Division Director, Southern Division for the election to be held in 2013. I also make the required statement, that if elected I would be willing to serve in this position.

I have many working relationships and enjoy a good rapport with all levels from both volunteer and paid patrollers at many ski areas to officers at the division level. I am presently serving as Division Director of the Southern Division and have been working at the division level for 12 years. I have served as a Patrol Representative, Section Chief, Regional Director, Assistant Division Director and now, Division Director. In the future, in addition to keeping the division operating efficiently, and employing the views and experience of the ski patrol members, I believe one of our biggest challenges will be to bring new people into each and every patrol and into the activities of the division.

Through the years I have witnessed a smooth and remarkably coordinated operation of this division. I wish to concert all efforts we can toward continuing these achievements and good results. Great strides have been made toward working together and clarifying how we want to move forward as a division. The Southern Division enjoys the reputation of being a mover and shaker within the National Organization. We are engaged and respected and I'd like to enhance this record. We have a strong group of dedicated and talented men and women who are our patrol representatives and our program supervisors are as good as the best in the National Ski Patrol System. I would compare our rank and file as patrollers individually with the best in the national system. It is of paramount importance that we continue this trend of excellence. On the National level I'm hoping progress can be made toward working together for the good of this organization and if or when we disagree, we do it constructively, with class and respect for fellow members.

For the above reasons I hope to continue to be able to work and share in the Southern Division of the National Ski Patrol as your Division Director.

Sincerely, (s / Richard Boyer electronically) Richard Boyer

Richard Boyer

Professional Experience:

Teton Management and Bridgewater Management Companies - President and CEO - Third party administrators who have had developmental and operational responsibility for more than 30 captive insurance companies.

Risk Management Associates - President - Development and operations of multiple captive insurance companies for the medical field.

Communications International, Inc. - Project Manager for Television Microwave Link Project for the FAA, Finance Department, forecasting, pricing and strategic planning, MIS and LAN supervisor.

Paces Investment Properties, Inc. 1982 -1986, President - identification, evaluation, acquisition and property management of commercial real estate for office, industrial and retail properties.

Boyer Group, Inc. 1979 -1982, President - Property management, commercial real estate brokerage, investments and sales.

Cecil B. Day Companies 1967 - 1979 - Various capacities with the Day Companies including Project and Operations Manager for apartments, offices, motels, and restaurants in planning, development, construction, and operations. Member of the Boards of Directors for Days Inns of America, Day Realty of Charlotte and Day Realty of Atlanta. Held positions of Vice President, Executive VP and President of listed Day Companies. Managing equity partner in Day Realty of Charlotte and Atlanta and stockholder in Days Inns of America.

National Ski Patrol:

Division Director, Southern Division 2011- present

Governance Committee, National Ski Patrol 2011-present

Toboggan Instructor, Outdoor Emergency Care Instructor and Senior Patroller, on secondary patrol at Cataloochee Ski Area. NC.

1st Assistant Division Director, Southern Division of NSP - 2007-2010

Lifetime Member of NSP - 2008

NSP National Number 10812 - 2008

Assistant Division Director - South, Southern Division of NSP - 2004-2007

Region Director, Smoky Mountain Region, Southern Division of NSP - 2002-2004

Section Chief, Deep South, Southern Division of NSP - 2001-2002

Patroller for Cataloochee Ski Area, NC - 2001-present

Alpine Senior Patroller - 2001

Patroller for Sky Valley Ski Area, GA - 1997-2001

Patrol Representative, Ski Scaly, North Carolina - 1991-1992

Patroller for Ski Scaly, NC - 1987-1997

Winter Emergency Care Course - 1986

Junior Ski Patrol, Lassen Volcanic Nat'l Park, California - 1961-1963

Education, etc.:

Georgia Institute of Technology, B.S. Industrial Management, 1971

Georgia Tech Varsity Track Team (grant in aid)

Sigma Chi Fraternity

Avalanche ... Avalanche ... Avalanche ... Avalanche ... Avalanche ...

Scott Campbell,

Avalanche Program Supervisor

Introduction to Avalanche Safety and Rescue Course at

Massanutten Ski Resort, McCaheysville, Virginia on Saturday, April 27th from 9am to about 4pm. If you are planning to visit an area where avalanche terrain regularly exists, you may want to enroll in this eight-hour Introduction to Avalanche Safety and Rescue course to learn the fundamental principles of avalanche hazards, safety, and rescue. This is particularly true if you are planning to ski/board outside of the controlled ski areas, where avalanches are more prevalent.



This course qualifies as an elective requirement for the NSP Senior Program. Unfortunately, this course does not meet Level 1 avalanche course standards and does not qualify as a prerequisite for enrollment in the Level 2 avalanche course.

There is no course cost, but we need to have at least ten students to make the course a go.

To register or for more information, please contact Scott Campbell at <u>campbellsservices@gmail.com</u> or <u>703</u> <u>241-2640</u> for registration and lodging information.



.._.

Certified Program ... Certified Program ... Certified Program ... Certified Program

Brandon Deane,

Certified Program Supervisor

Come Train with the Certified Program

Have you learned what you can from the Senior Program? Do you want to develop your knowledge and abilities further? Are you interested in taking patrolling to another level? If so then commit to this goal by joining the Certified Program. Prepare for and attend one of the Certified clinics. You will come out of the weekend with new insights and friends who are also investing their time and energy in the pursuit of excellence in patrolling. The next one is at Cataloochee, February 9-10. Email me at cbdeane@comcast.net for more info.

Folks who have taken advantage of this opportunity this year include Ric Lavallee - CAT, Isaac Colvard - WTP, Bo Daniels - SNS, Patrick Morgan - SNS, Will Evans - SNS, Meggan Robbins - WTG, Alan McCartney - CAT, Brittney Neal - STG. That is two unpaid patrollers, six paid patrollers, one patrol director.

Come expand upon your knowledge of S&T, OEC, patrol management, risk management, rope rescue, and avalanche.

-Brandon Deane



Front Row Left To Right
Brittney Neil (Wintergreen)
Meggan Robbins
(Wintergreen)
Karen Sealock (Snowshoe)
Ric Lavallee (Cataloochee)

Back Row Left To Right
Will Allen (Snowshoe)
Bo Daniels (Snowshoe)
Brandon Deane (Wintergreen)
Tom Gantt (Appalachian)
Connor Gantt (Appalachian)

Instructor Development...Instructor Development...Instructor Development

Teresa T. Stewart,

Instructor Development Supervisor

The NSP Instructor Development course is an integral part of all the NSP Educational courses. This is a required step before the mentoring stage with an instructor within the specific discipline with which you are becoming involved (Outdoor Emergency Care, Toboggan and Ski, Mountain Travel and Rescue, Avalanche, Outdoor First Care, etc). This is also a *SENIOR ELECTIVE*.

Interested students should look at the Division Calendar on the Division Website (www.southernnsp.org) for registered courses in their Region and contact the Region Instructor Development contact or drop me an email at (stewart.teresa@gmail.com).

Historian / Archivist ... Historian / Archivist ... Historian / Archivist ... Historian / Archivist

Fred Wessels,
Historian/Archivist

Don't forget about the "Mom and Pops".



With this being the 40th Anniversary season of the Southern Division, I was doing a little digging in the boxes of stuff to come up with an article.

Lakewood, Cedar Cliff, General Butler, Sky Valley, Scaley Mountain, Mill Ridge, Hounds Ears, Hawksnest, Cascade, Skyline, High Meadows, Ski Cherokee, Renagade, the list goes on. Although, a couple of these could have just been a bad idea, the fact remains that they are lost. Think of how much better the Southern Division would be if these guys were still open. We want more places to play. Not less.

For the second year in a row, Ma Nature is not being very nice. The smaller ski areas are having a very hard time. They need to have customers to survive. So, when your friends ask you about where to go "downhill in Dixie", don't forget to mention and say good things about some of the "Mom and Pops'. Once they go away, they don't seem to come back. Also, I have not seen anyone building a new resort in quite some time. If you have any pictures from the "Land of the Lost", I would really like them for our records.

Also, start making plans to attend the Southern Division Fall Conference in Kingsport, TN in August.

If you have any old brochures, pictures (with names), newspaper articles, etc. Please send them to me or just scan them and email. Happy 50th to Ober Gatlinburg!!!

See you on the Hill!! Fred

Women's Program ... Women's Program ... Women's Program ... Women's Program

Joy Jucker,

Women's Program Supervisor

Wintergreen Resort Hosts 2013 Women's Clinic

How often do you get an opportunity to meet a director for a National Ski Patrol program in your own division? This month, 19 patrollers came together at Wintergreen Resort, VA to welcome Linda Barthel, National Director for the NSP Women's Program. Along with Linda, two more talented women came from the Central Division to assist the Southern Division in jump-starting the



Women's Program. They were Linda Murphy, PSIA III and Amy Arnold, PSIA II. Event activities included ski enhancement on Saturday, with video analysis. Saturday night we were surprised with a spaghetti dinner at the Wintergreen house, cooked and provided by Judi Kay-Monaghan, Wintergreen PR, with an evening talk given by Linda Murphy on proper boot fitting. With more spring like temperatures on Sunday, everyone met on the slopes to break into two toboggan teams with ladies trying their hands outside the handles, toboggan carriers on detachable chair lifts, and usage of a special device for releasing the chain brake while on the move. Excellent feedback was provided both days.

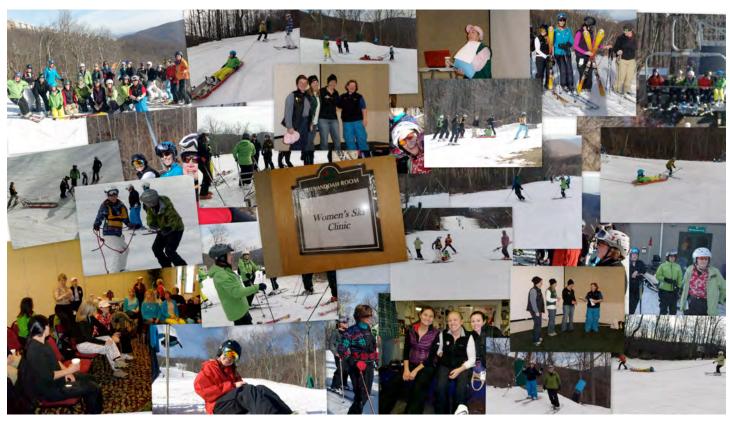
Virginia, West Virginia and Dixie Regions had great representation at the clinic along with one attendee from the Eastern Division. Heart-felt thanks to Briggs Allen with the Southern Division Snowsports School, Judi Kay-Monaghan (PR), Tucker Crolius (PD), and the host area, Wintergreen Resort.

Joy Jucker

2013 Women's Clinic Participants

Tabitha Ford - Ober Gatlinburg Randi Lowery - Wolf Ridge Caitlin Collins - Winterplace Tanya Thomas - Cataloochee Joy Jucker - Ober Gatlinburg Aileen Cassidy - Wintergreen Thi Campbell - Massanutten Peggy MacFarlane - Wintergreen Lisa Skelley - Cataloochee Rhonda Smith - Wolf Ridge Jayann Jones - Winterplace Mary Godofsky - Whitetail Lacy Williams - Bryce Shari Adams - Wintergreen Cathy Ballard - Wintergreen Kathy Buttler - Wintergreen Meggan Robbins - Wintergreen Brittney Neal - Wintergreen

2013 Women's Clinic @ Wintergreen





2013 Women's Clinic @ Wintergreen





National Ski Patrol Safety Team ... National Ski Patrol Safety Team ...

Brett Henyon,

Division National Ski Patrol Safety Team

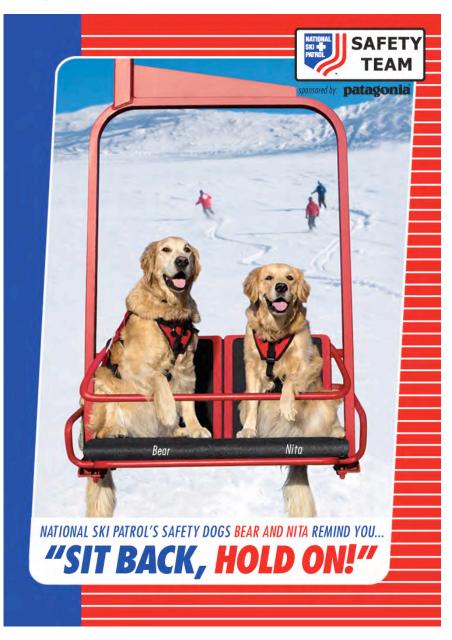
First of all – I hope everyone had a great Safety Week and was able to get out and spread the word to your guests and employees. As most of us are enjoying the season I want to be sure that everyone is still focusing on our specific safety initiatives for 2012-2013. As a reminder - this year some of the initiatives include



Chair Lift Safety, Terrain Park Safety and 'Lead by Example' – through public safety announcements and social media (remember to 'like' the NSP on Facebook)

Your Safety Team has been focusing practically on Chair Lift Safety – through additional PSAs and initiatives in corporation with NSAA we want mountains to educate guests on general chair lift safety, use of the 'comfort' aka 'safety' bar – and particularly for children to have 'backs to backs and bottoms to bottoms'. We, as patrollers, can make this process a little safer – Do you always ride the lift with other patrollers? **Do** you look for smaller children riding together and ride with them? The Theme is "Sit Back Hold On". We (as a team) created cards (small baseball card size) that have been distributed to area operations, ski schools and patrollers that carry them in their jackets. Cards can be distributed to children and adults. The slogan is on the front with talking points on the back. There are also some marketing PSAs that can be made available to your resort for Web site and social media marketing.

The initiatives of The Safety Team are most importantly conveyed by <u>every</u> patroller.



Safety Week @ Snowshoe Brett Henyon – Southern Division National Safety Team



Safety Week @ Snowshoe

Brett Henyon – Southern Division National Safety Team (photos submitted by Preston Cline – Risk Manager at Snowshoe)





Safety Week @ Snowshoe

Brett Henyon – Southern Division National Safety Team

(photos submitted by Preston Cline – Risk Manager at Snowshoe)







Getting the next generation involved... utilizing lessons learned

By: Bill Smith

Many of you know I come from a fire/rescue background where I have spent many years on both the paid and volunteer side of the fence. Ski patrols, just like many fire/rescue organizations, face many of the same problems, particularly when trying to recruit and retain volunteer members. In today's fast-paced environment, we are always looking for the quickest ways to produce the best results.

Too many times we hear the comment, "the kids today or the people today don't want to be involved in volunteering". Too many times, the real reason this occurs, is us - LEADERSHIP. True, people don't flock to join ski patrols and other volunteer organizations in today's world, but that doesn't mean they don't have an interest. The reality is that we now have to go get them. We have to visualize it to them. We have to market to them. We have to make it accessible to them. We have to do it differently than in the past. We have to think outside of the box.

With those thoughts in mind, I want to share with you how one group that I work with is doing things differently.

Over the past year, the Virginia Fire Chiefs Association (VFCA) has partnered with several other groups, and is hoping that their experimental study, the Volunteer Workforce Solutions (VWS) Program, will provide a more effective and efficient method for helping fire chiefs recruit and retain volunteer firefighters.

The Virginia VWS program could potentially change the way that the volunteer fire service recruits firefighters. And ultimately, ski patrols if they take some of the lessons learned and put them to use.

The VFCA understands that the mere mention of recruitment and retention (R&R) requires a lot of time, energy and funds that don't always produce positive results. Their VWS project is taking a fresh, new, out-of-the-box approach to R&R by using geographic information systems (GIS) to explore new ways of recruiting volunteers.

The program is based on the premise that a GIS-based citizen-profile analysis can provide information about the best candidates for the volunteer fire service. The profile analysis helps identify certain personal characteristics, locations and neighborhoods where the best candidates live and the best ways to communicate an R&R message to them.

The VFCA enlisted Esri and Intterra to perform a detailed citizen-profile analysis. Esri is the world's leading GIS software manufacturer; their Tapestry Segmentation system was used to perform the detailed citizen-profile analysis. Intterra provides analytical tools and fire service subject-matter expertise for the project.

The goal of the VWS Program is to provide a roadmap for an individual community to identify the neighborhood characteristics in which their current firefighters live and, based on that knowledge, suggest recommendations to advance the community's future efforts to recruit and sustain volunteer firefighters.

Esri's Tapestry Segmentation classifies U.S. residential neighborhoods into 65 distinct market segments. The distinctions between the segments are based on key determinants of citizen characteristics, such as income, source of income, employment, home value, housing type, occupation, education, household composition and age.

Tapestry Segmentation combines the *who* of lifestyle demography with the *where* of local neighborhood geography to create a model of various lifestyle classifications (segments) of actual neighborhoods, each with distinct behavioral-market segments. Identifying these Tapestry Segments was the foundation in the development of the VWS Program's GIS-based marketing campaign, *Everyday Hero VA*.

Each of the 10 departments involved in the GIS portion of the program received a customized Tapestry Segmentation Report specific to its community profile. The report graphically maps and identifies the following groups:

- Core Group Segments within the community where a majority of its current firefighters live and where potential recruits have
 the opportunity to interact with firefighters on a regular basis.
- Developmental Group Segments within the community where higher proportions of firefighters live and offer good opportunities for recruitment.
- Niche Group Segments within the community where a very small number of firefighters live and will have little impact on recruitment strategies.

The VWS Program has also revealed the need for dedicated volunteer coordinators in communities. Volunteer coordinators can provide unified messages, quick response rates to potential volunteer candidates, consistent media contacts, current advertising and marketing materials and reliable recordkeeping systems.

An informational, statewide survey of Virginia's firefighters was also conducted as part of the VWS Program. One key finding of the survey shows that the most effective means to get a prospective volunteer candidate in the door is through personal contact with a current firefighter.

In this email and social-networking age, the survey found that having face-to-face discussions with a potential candidate elicits a much more positive response from that candidate. The face-to-face interaction with a volunteer firefighter allows the potential candidate to

identify with the firefighter as a citizen of the same community who has stepped up to volunteer and help protect those within their community. Bottom line...they like to be asked.

Esri's Tapestry Segmentation gives departments a clearer picture of their community and allows the department to focus their recruitment efforts at specific events and types of venues that are most likely to deliver a higher return on their recruitment efforts while using fewer resources.

The study provided a deeper understanding of motivational factors, enjoyment levels of duties, and identified recruitment, retention and turnover issues.

The statewide firefighter survey also provided some insight related to retention efforts. It's common knowledge that it's much easier to recruit volunteer firefighters than to retain them. The survey found that one of the top reasons individuals leave the volunteer fire service is due to family life changes. However, there isn't much a department can do to address these changes other than being flexible and supportive during these times.

Another survey finding is that the lack of leadership, both on the fire ground and in the firehouse, has been listed as one of the main reasons firefighters leave the fire service. Strong leadership, at all levels of the organization, is absolutely essential for achieving and maintaining high morale and subsequently increasing your volunteer retention rates.

Although we may not have access to some of the technology described above within the average ski patrol, there is no reason that we cannot take some of the "lessons learned" and apply them to our respective organizations.

In the months prior to writing this article and using some of the ideas from the VFCA study, several new initiatives were undertaken by the Wintergreen Ski Patrol in an effort to recruit new members. Some of them included revamping the patrol website to make it more appealing, creating a WSP Facebook page, reaching out and sending information about the patrol to approximately 1,500 fire-EMS agencies across Virginia and participating with a booth and WSP representatives at the statewide EMS Symposium. Individual members also reached out to friends, family, etc., to find new candidates.

In an effort to lessen the training burden and time commitment on individuals that already had a medical background, and in addition to the annual full OEC course offered each year, WSP also conducted two OEC Challenge Courses to bridge individuals with prior training over to OEC.

Those efforts certainly paid off for WSP in that we received more than 50 inquiries about joining WSP, about what the training involved, the time commitment, etc. and ended up with a candidate class of 15 new patroller's for 2012 and many more for 2013.

In the mix, we were also able to pick up one new candidate from the Wintergreen Youth Patrol. All in all...a good recruiting year.

There were no tricks. No secret weapons. No hidden agendas. We simply utilized a combination of techniques in marketing and accessibility - basic business tactics. Techniques used successfully by others. Could your patrol also possibly benefit from utilizing some of these same techniques? Possibly so if you are willing to utilize lessons learned and think outside the box!

Bill Smith began his patrolling career with the Homestead Ski Patrol in 1991. He is currently a patroller with Wintergreen Ski Patrol in Virginia. Bill has served in a number of leadership positions and has taught and written extensively about organizational change, leadership and training.

Senior OEC Clinic @ Appalachian January 12, 2013 (photos submitted by Hugh Jernigan)





Senior S&T Clinic @ Cataloochee January 13, 2013

(photos submitted by Hugh Jernigan)

Bill Clarke, Wayne Morgan – early morning briefing for Senior Candidates and Evaluators



Senior S&T Clinic @ Cataloochee January 13, 2013

(photos submitted by Hugh Jernigan)

Amanda Perry from Ober Gatlinburg/tail Sabine Hardin Cataloochee





Carl Marsh from Wolf Ridge/ tail – Jacob Ridenhour from Cataloochee

Senior S&T Clinic @ Cataloochee January 13, 2013

(photos submitted by Hugh Jernigan)

Tye Cheatum from Cataloochee/ tail – Rob Mayer from Ober



Women's Clinic @ Wintergreen (Photos submitted by Randi Lowery)





Linda Barthel, instructor

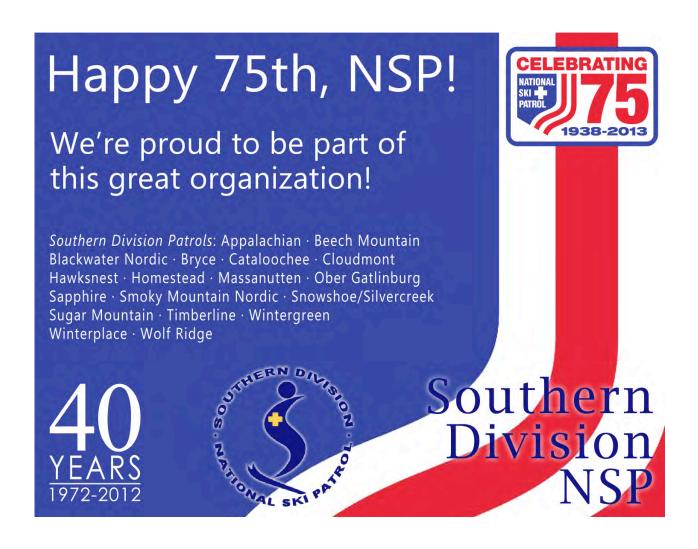


Day 2, sled work. Randi in the horns, Brittney in the toboggan.

Women's Clinic @ Wintergreen (Photos submitted by Randi Lowery







Southern Division Calendar & Staff Directory

Please refer to the Division Website for updated schedules! www.southernnsp.org

The calendar is flexible dependant on the weather – please check the calendar and/or with your patrol representative / Region Director for the most up-to-date changes.