



Southern Cross

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Around The Division:

Southern Cross is published three times a year—Fall, Mid-Winter and Spring. Articles and photos are encouraged and appreciated. With photos, please include caption information. If at all possible, please include a photo of the author with articles. Submission deadline for the Fall issue is **May 20, 2016**.

Send submissions to:

Teresa T. Stewart, SC Editor
stewart.teresa@gmail.com

Update address at www.nsp.org

Byrd White, Division Director



Since our last Southern Cross, we had our fall meeting in Kingsport where **Brandon Olson** received a National Appointment. Brandon skis out of Ober Gatlinburg and has served as Patrol Director, OEC Instructor, Transportation IT, Senior Examiner, Assistant Region Director and Region Director. As is required to receive a National Appointment, it was long past due. National Appointments are awarded to those that serve not only their patrols but also at the Region and Division levels. It is not an award that is applied for; it is an award for long and dedicated service to the NSP and to their fellow patrollers. Congratulations Brandon!

At the National Board meeting in Denver a few weeks ago, **Keith Cassidy**, who skis out of Wintergreen, received the National Chair's Outstanding Administrative Patroller award. Keith serves as the Assistant National Chair and puts in a lot of work at the National level. He, along with **Morgan Armstrong** and **Norris Woody**, serve on the National Board. All three are fantastic representatives for the Southern Division and are well thought of by all at the National level. Morgan chairs the Governance Committee and Norris serves on the Finance committee where he is largely responsible for NSP getting in sound financial shape. These guys put in many hours of their personal time to see that you have the very best organization that you can have. All of them have my thanks and deserve yours.

The last Board election brought us two new National Board members, **Ty Damon** and **Brian Rull** out of Central Division and re-elected **Jim Woodrum** out of Central and **Ed McNamara** out of the Eastern Division. All four are good people who will serve our organization well. I congratulate them.

I am happy to report that **Lynn Pace** has agreed to serve as our Alumni Program Supervisor. We have 169 Alumni members in our Division who will be well served by Lynn. My thanks go out to Lynn for taking on this important position.

Another important position that has been recently filled is that of Internet Supervisor. After many years of great service, **Trish Deane** has stepped down and **Laura Lambert** has agreed to step into this position. I will miss Trish but know that Laura will do a great job. We finely have some cold weather and just got dumped on by Mother Nature. Have fun and be safe!

National Update

The winter meeting of the National Ski patrol was held in Denver a few weeks ago. A lot is happening. While most of us are concerned, as we should be, with the rollout of the new computer system, the most serious opportunity at the National level are complaints from the Mid West Ski Association that the OEC course does not meet their needs.

Many of the concerns are, in my estimate, legitimate. When the 5th Edition was published many instructors did not understand how to teach from it and continued to teach as they had with the 4th Edition. Some of the test questions are not germane to what we do on a day-to-day basis and some of the material in the text is over what an Emergency First Responder needs to know. This has happened for any number of reasons that are all beside the point; we need to fix the problems. The National Chair appointed two Board members and two Division Directors, including your Division Director, to investigate the concerns and make recommendations to the National Board. We are hard at work on this and will resolve the problem.

The Board also addressed Bike Patrols and River Guides and other organizations that might want to be affiliated with the National Ski Patrol. Our Bylaws are specific that only Ski Patrollers may be full, voting members of NSP. Those organizations that wish to teach our courses, OEC and others, may be associated with the NSP as Associates under our Bylaws but it should be noted that only patrollers who hold the status of the Traditional Member have the right to vote on NSP matters. This protects our organization so it will always be the National Ski Patrol.

The upgrade to our computer system is coming along on schedule and it is expected that it will be operational by June 30, or maybe July 1 of this year. We are using a platform called iMIS. From a layman's point of view there is good and not great. One of the problems with the old system was that it had been modified and changed so many times that it was just chasing itself in circles and since any number of programmer's had a hand in it, no one knew how to fix it. iMIS will put a stop to that but we will not get everything we think we want. I am sure that once we get used to the new system it will be much better.

One of the things that is different with the iMIS system is that patrollers will have to go online each year and register themselves. As soon as the details of this are available we will be getting with the registration coordinators for each patrol to work out how this is to be done.

The Ski Patrollers Manual now available to download through the NSP store for \$5.

Last, the Finance Committee recommended and the Board approved a \$5 per year increase in dues for the 2017 year. This is necessary because 1) Our Strategic Plan requires that we improve our programs and bring them up to date, 2) the costs at National are going up annually, last year we cut more that \$150,000 out of the Budget, this will catch up to us if we keep delaying, 3) we believe that smaller more frequent increases are preferable and 4) we want to be able to stay on top of the new computer system and not let it fall into "disrepair". The market for top notch people in Denver is very competitive, to keep good people we must be able to match the compensation.

National Medical Advisor ... National Medical Advisor...

David Johe, MD

National Medical Advisor

Dr. Johe has been the National Medical Advisor for NSP for the past 15 years and is actively patrolling at Holiday Valley Ski Resort in Ellicottville, NY with 26 years of service to the ski patrol. A little known fact ... he skied at Snowshoe the year it opened as he was originally from Charleston, WV! He is an OEC instructor, Trainer Evaluator and IT. He has been involved with the 3rd, 4th and 5th edition of the OEC Course materials as editor, author and advisor.

The following article was submitted by Dr. Johe as published in the Summer Issue of Trail Sweep.

"Trail Sweep Summer 2015 Color - New Jersey Region." 2015. 14 Feb. 2016 <<http://nspni.org/wp-content/uploads/Trail-Sweep-Summer-2015-Color.pdf>>.



Outdoor First Care

Does your ski area have a Mountain Host Program? If not, has your patrol and management ever considered starting one?

Other names for these programs include Rangers, Safety Patrol, and Guides. These programs are slowly growing at ski areas across the U.S. They are proving very valuable for both the area and its patrol.

The National Ski Patrol started a Mountain Host Program several years ago. Hosts are registered with NSP, and receive some of the benefits that patrollers receive. The Host pays national dues. At my ski area, Holiday Valley, the hosts (or yellow jackets since they wear distinctive yellow jackets) are immensely important. They provide the customer with information about the resort, initiate first aid when first on scene, help the patroller at the scene of a rescue, control unruly patrons on the hill, and generally provide good will at our resort. On a busy day at our area, when there are many rescues going on at the same time stretching patrollers thin, these individuals will help a patroller at the scene.

Recently the National Ski Patrol's Host Program was upgraded and includes several teaching "modules" for the individual who is or wants to be a host. The backbone module of this program is Outdoor First Care, a basic first aid course for the host. This course is OSHA compliant so resort managers can also use the course for any resort personnel who needs a first aid course. Many times, a resort employee other than a patroller is first on scene. This course helps this employee provide basic first aid until a patroller can get to the scene. Employees who are working after the patrol has gone home may find this course helpful. It is not an OEC course, but a very basic first aid course.

In order to become a Mountain Host in the NSP an individual must take an OFC course and pass its evaluations. Basically the OFC program has three parts. After having an OEC instructor register them in an OFC course and paying the \$25 cost, the student host must obtain a current "lay person" CPR/AED card. This gives them the basic principles of the ABCs of a first aider. Next is a three-plus hour online course with a written evaluation at the end. Last is a "hands on" day where the OEC instructor goes over several scenarios, teaching the basics of medical conditions or trauma, how to initially help the injured or sick person, and how to help the patroller. A written and practical evaluation are at the end. This course does not train hosts to be patrollers but makes hosts a great asset to the ski resort and the patrol.

Consider a Host Program at your resort. Get management involved first. If you already have this program upgrade your hosts' education. Call the National office (303-988-1111) and tell them you want to start a program or upgrade your present one with an OFC course.

How to use the OEC Fifth Edition

by Dr. David Johe

"Trail Sweep Summer 2015 Color - New Jersey Region." 2015. 14 Feb. 2016 <<http://nspnj.org/wp-content/uploads/Trail-Sweep-Summer-2015-Color.pdf>>.

Many have told me the present edition 5 of Outdoor Emergency Care is too long, covers too much, and is too much for the student to learn. Through the years this book has evolved into a "textbook" for all patrollers, from students to seasoned patrollers. Many patrollers today are involved in different medical professions. Many of you have done literally dozens and dozens of rescues. Thus OEC was designed as a reference book for the patroller. The textbook is not the OEC course that is taught to students. It is one tool to be used while the student takes an OEC course.

The OEC course uses this text. Instructors should realize that they do not need to teach everything in the text. In the front part of the text, the preface states that only the bullet points in the beginning of each chapter should be taught to the student. If the student learns these basics, they will pass the evaluations and obtain the knowledge to become a good patroller. Instructors should take a minute and read the text's preface, to understand how to teach an OEC course.

There is additional material in the text. The authors put this in for the patroller who wants additional information. It is provided for experienced patrollers, who have already mastered the basics. Many seasoned patrollers use the text as a reference book, looking up a medical topic, following a rescue. They expand their knowledge by reading more about a topic.

Hopefully this explains how the text was designed. Ski patrollers are first responders. The text was written at a "First Responder" level, but has added material for the patroller who seeks additional information



ELECTION NEWS

by: Bill Smith, Division Election Coordinator



2015 NSP BOARD ELECTION RESULTS

The 2015 NSP board election is over. The following candidates have won a seat on the board:

- Ed McNamara* (Eastern)
- John (Ty) Damon (Central)
- Brian Rull (Central)
- Jim Woodrum* (Central)

* indicates current board member

Of the twelve candidates running for a board seat in the 2015 election, one was from the Southern Division. That was Richard Boyer and unfortunately he did not win a seat.

Overall Voting Demographics

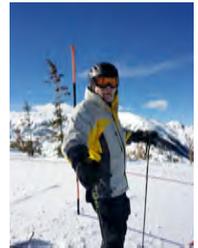
2015 NSP BOD Election – National Data

Eligible Voters	Total Voters	% Voted
27,914	5,207	18.65 %

In closing, a tip of the ole' hat to all of you patroller's that voted in the 2015 BOD election. Hopefully next time, even more of you will cast a vote.



Mike Harris,
Assistant Division Director – South



While we should be about half way into this season, Mother Nature has had her own plans. Some of the mountains are having an exercise in multiple openings trying 3, 4 or even 5 times. Seems that the weekend of Jan 2nd may allow a permanent opening for the season. The OEC refreshers went very well again this year with all patrols going to the new hybrid model. Many patrols are rescheduling evaluations and events due to the late season start, so I will leave specific dates for the various events to the Region Directors articles for particulars. I encourage as many patrollers as possible will make plans to attend the Southern Division Fall Convention this year in Kingsport TN. early August.

Mike Harris, AKA Tyrone





Joe Hill in a fisheye watching **Steve Callaghan (Red Jacket)** and **Connor Gantt (Black Jacket)** Ride the lift at Appalachian Ski Mountain on January 23, 2016.

Alumni Program ... Alumni Program ... Alumni Program ... Alumni Program

The Alumni Program has a new Program Supervisor – Lynn Pace. If you are interested OR have question for him – just contact him at (Lpace2@charter.net).

Avalanche Program ... Avalanche ... AVA ... AVA ... Avalanche Program

Scott Campbell,
Avalanche Division Supervisor

Fellow patrollers, your Southern Division avalanche instructors will be offering three Level 1, Module 1 Avalanche Courses next year. The Introduction to Avalanche Safety and Rescue course is about eight hours with a short avalanche beacon exercise included. This course introduces fundamental principles of avalanche hazards, safety, and rescue. This course does qualify as an elective requirement for the NSP Senior Program, but it does not meet full Level 1 avalanche course standards and does not qualify as a prerequisite for enrollment in the Level 2 avalanche courses. If you would like to attend any of these three Level 1 courses, please send all the necessary registration info to Scott Campbell, particularly your NSP membership number. Please feel free to call Scott at home at [703 241-2640](tel:7032412640) or email him at campbellsservices@gmail.com, if you have any questions. Thanks very much! Scott Campbell, Your Division Avalanche Program Supervisor

Outdoor Emergency Transportation ... OET ...Outdoor Emergency Transportation

Tony Tingle,

OET Division Supervisor

Winter has FINALLY decided to arrive here in the South and the snow guns are roaring. While our seasons are getting started in earnest, I wanted to pass along a few reminders for Toboggan Handlers and Instructors.

Toboggan Refreshers If operating a toboggan is part of what you do on the hill, this applies to you. As a group, we all need to complete a toboggan refresher each season. OET (Toboggan) refreshers are a required part of patrolling, just like your OEC refresher and CPR refresher. Each Patrol should register, run, and close a toboggan refresher course (TREF) this season.

Kudos to those Patrols that have already registered a TREF. If you don't have one registered, it is not too late. If you need help or more information give me a shout, and I'll get you started.

Here are a couple of items that pertain to Toboggan Instructors and ITs.

Continuing Education There is a requirement in the NSP Policies and Procedures that any instructor (including OET instructors) attend a continuing education course during each three-year instructor appointment. Before I can renew your instructor status, the folks at National check your profile and see if there is a corresponding CE credit. No CE credit, you don't get renewed! That's where the work begins for us, and we start tracking down your last CE event. If you are teaching and want to stay active as an OET instructor, please attend a CE course. If you need a course, holler at me or your Region OET Supervisor. The courses have to be taught by an IT. Don't have time to get a CE course in this winter? Here's a shameless plug for the Fall Conference in August. There will be a qualifying CE event for OET at this conference. The conference venue has an onsite winery, golf course, a bunch of ski patrollers, and yes....my smiling face. Hope to see you there.

Instructor Activity Log OET Instructors and ITs are encouraged to keep a log of when and what we teach. This record comes in handy in a couple of ways. It documents that each of us are actively teaching in our discipline and for me, it comes in handy at tax time when I'm trying to figure out where I've been and what I was doing as a Volunteer. Personally I keep a notebook in my boot bag and write a few notes after the session, or in the evening when I have a beverage in my hand. When I get back near a computer, I enter my info in the online NSP Instructor Activity Log. "Where is the Instructor Activity Log?" you might ask. To get to it, log in to the NSP website using your six digit ID and password, go to Member Resources, Instructor Resources (left sidebar), and click Instructor Activity Log. Our friends to the north in Central Division have come up with a good tutorial, if you are interested. You can find it at <http://www.ohionsp.org/instructor-activity-log-tutorial> . There is also a brief article on the subject in the most recent (Winter 2016) Ski Patrol Magazine (Page 78).

Enjoy the cold temps and the fresh snow. I appreciate all you do as OET Instructors and the Skiing Public relies on your toboggan handling skills. Don't hesitate to drop me an e-mail or pick up the phone and give me a call if you have questions or if you need help with something OET-related.

Cheers! I hope to see you on the snow soon!



Snowsports School ... Snowsports School ...Snowsports School ... Snowsports School

Briggs Allen,
Snowsports Supervisor

Southern Division NSP Snowsports School

Thus far the 2015-16 winter has been challenging for the Snowsports School. We had to cancel our December clinic at Cataloochee Resort due to the unusual warm temperatures and lack of snow that was embracing the entire Eastern United States. Our instructors and participants were ready to go however Mother Nature was not. At this time, we are trying to pick a suitable date before the season ends to make this clinic happen. If we are able to get a firm date, we will let you know.

As I write this, the Snowsports School's 2016 Telemark Clinic is scheduled for this weekend (January 23-24) at Timberline Resort in West Virginia. Even though near blizzard conditions are forecast, the clinic will be held. I mean you can't cancel a ski clinic because of too much snow can you? I know everyone is ready and Timberline, being the ever gracious host that they are, is even sponsoring a social at the end of the 1st day of clinic. This will be an awesome event!

Unfortunately, due to circumstances beyond the Snowsports Schools control there will not be a clinic in the Blue Ridge Region this season. Consequently we are working diligently to have a skier improvement clinic in the Virginia Region at Wintergreen before the season's end. Stay tuned.

As always, I appreciate the time, talent and work of our Snowsports School's instructors, the Patrollers that are eager to improve their skiing/boarding abilities, the PDs and PRs that help immensely by disseminating our clinic information to their Patrol and last but not least, the *GREAT* resorts in our Division and their management that host our events. Without all of these factors the Snowsports School could not continue to provide the great training that it does.

Come join us a clinic sometime and remember skiing/boarding is easy just turn right, turn left and repeat as necessary.

Instructor Development...Instructor Development...Instructor Development

Teresa T. Stewart,

Instructor Development Supervisor

The NSP Instructor Development course is an integral part of *all* NSP Educational courses. This is a required step before the mentoring stage with an instructor within the specific discipline with which you are becoming involved (Outdoor Emergency Care, Toboggan and Ski, Mountain Travel and Rescue, Avalanche, Outdoor First Care, etc). This is also a **SENIOR ELECTIVE**.

Interested students should look at the Division Calendar on the Division Website (www.southernnsp.org) for registered courses in their Region and contact the Region Instructor Development contact or drop me an email at (stewart.teresa@gmail.com).

Specifics on the **continuing education** requirements and maintenance of instructor credentials will be forthcoming directly to the current instructors. ALL Instructors and Instructor Trainers can expect to see changes rolling in place for all education disciplines as future courses are planned --- SEE Tony Tingle's article for specific Policy and Procedure guidance. Also, coming soon is an on-line Instructor Development Continuing Education module. The On-line Instructor Development course is currently **off-line** until the program can be updated and transitioned to the new LMS platform and the NSP website updated to accommodate the program. Additional information will be forwarded to patrols and updated again in the next issue of the Southern Cross.

The Instructor Development Continuing Education Manual (final) has been published to the NSP website for all educational disciplines to use within the programs to add the "educational" component with the educational specifics for each program. EXPECT instructor continuing education to offered this fall at the patroller conference in Kingsport TN.

If you are a current instructor – please check the NSP website to obtain the current up-to-date forms!

Let me know if you have any questions.

Thank you -- Teresa



Nordic...Nordic...Nordic...Nordic...Nordic...Nordic...Nordic...Nordic

Penny Dimler,

Southern Division Nordic Supervisor

Nordic Ski Enhancement Seminar

March 5-6, 2016 Whitegrass Nordic Center (www.whitegrass.com)

Canaan Valley, WV



This two-day clinic will cover cross-country ski techniques, including skating and off-piste telemark, with PSIA instructors. Time will be allowed for snowshoeing, exploring this vast ski area with your new skills and an advanced backcountry excursion. Two lesson tracks: beginner and intermediate/advanced.

Bring compasses. Also we will build and drag our own toboggans.

Sunday may include a Nordic patroller evaluation as needed.

Registration fee for the seminar is \$30. Please pay by check made out to "Southern Division NSP" and mail to Penny Dimler, 4824 Ponderosa Drive, Annandale, VA 22003.

- Rental equipment is available. Rates range from \$20 to \$38.
- Those who register will receive details on lodging and meals.

REGISTRATION DEADLINE: February 24, 2016

Women's Program ... Women's Program ... Women's Program ... Women's Program

Beech Mountain Host January 2016 Women's Snowsports Clinic

(Submitted by Joy Jucker Program Supervisor)



Toboggan Instruction at the summit (up).

Power stop practice in a group corridor down Upper Shawneehaw (Left).

Beech Mountain Host January 2016 Women's Snowsports Clinic

(Submitted by Joy Jucker Program Supervisor)



Snowboard patrollers Laney Major, Amanda Perryman, Lisa Marin and Ashley Adams

Beech Mountain Host January 2016 Women's Snowsports Clinic

(Submitted by Joy Jucker Program Supervisor)

PSIA Instructor Cathy Margiotta during ski improvement



Beech Mountain Host January 2016 Women's Snowsports Clinic

(Submitted by Joy Jucker Program Supervisor)

SD Transportation Adviser Tony Tingle with SD Women's Program Adviser Joy Jucker discussing the Cascade Cruiser toboggan



Beech Mountain Host January 2016 Women's Snowsports Clinic

(Submitted by Joy Jucker Program Supervisor)

Women's Clinic Participants in front of the Beech Mt Top Patrol Building



Final Sweep

Leroy F. Baisden 1940-2015



It is with great sadness that The Homestead Ski Patrol of Hot Springs, VA learned news of the passing of Leroy Baisden on October 17, 2015 after courageously battling multiple myeloma for a little over four years. Born in 1940, Leroy was a native of Hampton, VA. He was an active member of The Homestead Ski Patrol, earning his EMT certification as well as instructing CPR for the American Red Cross. He was a life-long blood donor believing it was his gift to the community. He was a Mason in good standing with the Nansemond Lodge #77 A.F. & A.M. and had been a member for 41 years. He served as Worshipful Master in 1983. His involvement with the Masonic Lodge also led to his participation in the Scottish Rite and Shriners. As a Shriner, he was a former member of the Khedive Corvettes as well as a driver transporting patients and their families to and from the Shriners Hospitals as a Roadrunner. He had a long and proud 32 year career in the pharmaceutical industry with Warner-Lambert which later became Parke-Davis, earning his Certified Medical Representative title as well as other accolades and career achievements. Even while battling cancer, nothing pleased him more than talking shop while discussing his medications and treatments with the doctors, nurses and staff.

He had a kind, loving and generous soul and will be sadly missed by his friends, including the "regulars, ski instructors and Patrollers at The Homestead. His pharmaceutical experience enhanced his skills as a dedicated Patroller. Leroy brightened every day he patrolled, most especially the cloudy and rainy ones. During his Patrol career he never failed to bring cheer and laughter to those he skied and patrolled with. His twenty-six years of cheerful, fun-loving Patrolling made his fellow Homestead Patrollers better by his presence and example.

Bill Parks, Patrol Representative
The Homestead Ski Patrol
Hot Springs, Virginia

Steven Carter Lewis

May 24, 1972 - September 6, 2015

The members of the Bryce Mountain Ski Patrol family are sad to advise that we have lost a key member of our Patrol. Steven Carter Lewis, 43, of Bridgewater, passed away on Sunday, September 6, 2015 at Inova Fairfax Hospital. He is survived by his wife, Marnie and daughter Melanie (“Muffin”), his parents, his brother Neal, and sister, former Bryce Patroller, Allyn.

Carter was born in Richmond on May 24, 1972, and was a son of Bryce Patroller Steve Lewis and Claire Louise (Jalbert) Lewis of Glen Allen, VA

Carter’s father Steve joined our Patrol in 1974, so Carter was raised as part of our extended Bryce Patrol family. He was always helping others. Like his father, Carter was a long-time member of our Patrol at Bryce, serving for a time as our Patrol Director/Representative, and, at Senior OEC clinics and evals, serving up some of the best barbecue you ever ate (he carried the grill to the top of the mountain on the chairlift, and brought it back down in the toboggan – much to the surprise of the skiing public). He was also the big guy in the waders in the pond at Spring Pond Skimming, hauling the half-drowned skiers/snowboarders out of the drink and depositing them on the bank. An avid fly fisherman and outdoors man, when Carter wasn’t on the mountain he spent much of his time on the Valley’s streams and rivers. He connected with veterans through Project Healing Waters and was always available to help anyone in need. A gourmet chef, Carter shared his love by feeding people. Countless friendships were started and strengthened over the many meals he prepared. Carter had a great love for music and played multiple instruments.

By any measure a big part of the overall Bryce Patrol experience, he was a big guy with a big personality, a unique perspective and a sharp wit that was quick and irresistible – an unforgettable character.

Carter never met a person who was not a friend.

He will be sorely missed.



**Southern Division Calendar
& Staff Directory**

Please refer to the **Division Website** for updated schedules!
www.southernnsp.org

The calendar is flexible dependant on the weather – please check the calendar and/or with your patrol representative / Region Director for the most up-to-date changes.

In order to accommodate everyone wishing to present to the Southern Division's Executive Committee or Board of Directors and to allow for adequate time for members of the Committee and Board to review materials, please send requests to be placed on the meeting agenda, along with a summary of your topic and supporting documentation, to the Division Director in advance of the meeting. Requests must be received at least 30 days prior to the meeting, except that the Division Director may grant an exception to that deadline to accept an agenda request received at least 7 days prior to the meeting. Requests can be sent to Byrd White at bwhite@opinionsrendered.com.